



Thorne Research presents:

Q-BEST[®]

(formerly known as Q-Cell)

THE BEST ABSORBED COQ10



Now in both 50 mg & 100 mg capsules!

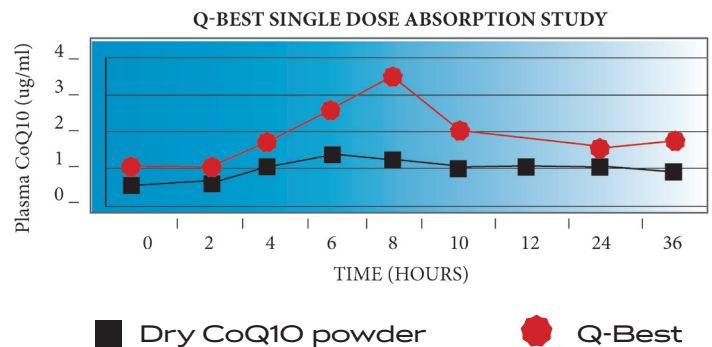
BENEFITS

- Proprietary crystal-free preparation provides superior absorption over other CoQ10 forms, including dry powder, oil, nanoparticle, and liposomal preparations.
- Promotes normal cardiovascular function.*
- Enhances blood vessel function.*
- Essential nutrient for cellular energy production.*
- All natural – no chemical additives or titanium dioxide.

CLINICAL TRIALS RESULTS

SINGLE-DOSE ABSORPTION STUDY

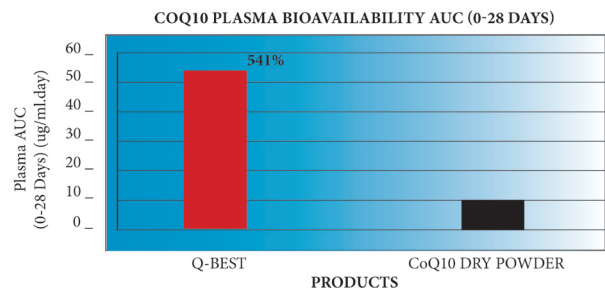
- Randomized, double-blind
- 20 human subjects
- Single oral dose (100 mg)
- Serial blood samples taken over 36 hours
- **Q-Best was nearly 8 x better absorbed than dry CoQ10 powder**



28-DAY BIOAVAILABILITY STUDY

- 20 human subjects
- **Q-Best supplementation resulted in over 5 x higher blood level than dry CoQ10 powder**

AUC† (0-28 Days) (100 mg) CoQ10 absorption profiles for Q-Best and CoQ10 dry powder



Note the significantly greater Plasma AUC for Q-Best.
†Area under the curve

EXCLUSIVELY FROM



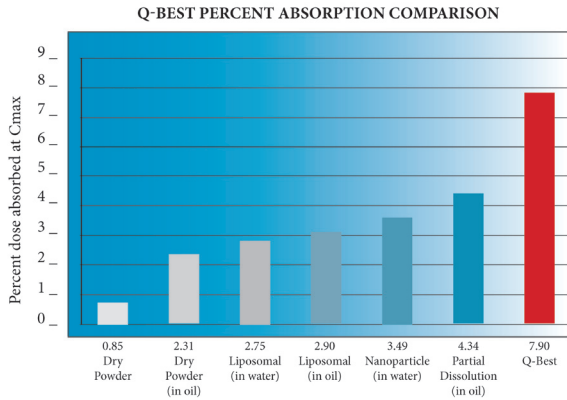
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RESEARCH**

Pure Ingredients, Trusted Results

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*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Plasma CoQ10 bioavailability of Q-Best compared to six other CoQ10 product types



BIO-EQUIVALENT DOSES

Q-Best	Dry Powder	Liposomal	Nanoparticle
50 mg	465	145	115
100 mg	930	290	230

Note the significantly greater plasma CoQ10 for Q-Best compared to CoQ10 dry powder.

WHY “CRYSTAL-FREE”?

- Crystal (dry powder) forms of CoQ10 are not well absorbed because CoQ10 crystals do not fully dissolve in the intestines and the body cannot absorb lipid crystals.
- Lipid-based CoQ10 delivery systems (i.e., oil-based softgels, liposomes, micelles, and nanoparticles) all begin as dry powder and contain partially dissolved CoQ10 crystals.
- Q-Best is crystal-free thanks to proprietary tri-lipid technology that keeps CoQ10 crystals fully dissolved over a broad temperature range. The result is absorption that is **8 x greater** than dry powder and at least **2 x greater** than other lipid-based preparations.

WHAT ABOUT UBIQUINOL?

- Q-Best is nearly 3 times better absorbed than ubiquinol.
- Q-Best is more stable than ubiquinol.
- Q-Best is less expensive than ubiquinol.

WHEN YOU COMPARE, THE CHOICE IS CLEAR – Q-BEST!

HOW DOES YOUR COQ10 COMPARE?

Q-BEST 50™

Supplement Facts		
Serving Size: One Gelcap		
Each Gelcap Contains:		% DV
Calories	10	*
Calories from Fat	10	*
Total Fat	0.5 g	1%*
Total Carbohydrate	0	*
Protein	0	*
Coenzyme Q10	50 mg	**

*Percent Daily Values are based on 2,000 calorie diet.
 **Daily Value (DV) not established.

- Crystal-free CoQ10
- Human studies show unsurpassed absorption and bio-availability
- Natural source
- Cost-effective supplementation

Other Ingredients: Gelatin (tilapia), Purified Water, Glycerin (vegetable source) and Lycopene Gelcap, Conjugated Linoleic Acid, Flaxseed Oil, Soy Monoglycerides.

60's - SP614 120's - SP618

Q-BEST 100™

Supplement Facts		
Serving Size: One Gelcap		
Each Gelcap Contains:		% DV
Calories	10	*
Calories from Fat	10	*
Total Fat	1 g	2%*
Total Carbohydrate	0	*
Protein	0	*
Coenzyme Q10	100 mg	**

*Percent Daily Values are based on 2,000 calorie diet.
 **Daily Value (DV) not established.

Other Ingredients: Gelatin (tilapia), Purified Water, Glycerin (vegetable source) and Lycopene Gelcap, Conjugated Linoleic Acid, Flaxseed Oil, Soy Monoglycerides.

60's - SP624